

# Finishing on a HIGH



*Checkpoints to help you understand what's gone before*

**T**HE position in which you complete your swing is very revealing. This is where earlier problems and faults in your address position and swing are evident.

Sometimes the best way to diagnose the source of these problems is to work backwards once they've made themselves obvious later in the swing.



### **1, 2 & 3**

Here you can see my swing from shortly after impact to my finishing position. Note how my weight gradually moves across on to my left side, and how my body gradually opens up to the point where I am facing my target by the end. I'm now going to explain the key points of this position in more detail.



**Mickey  
WALKER**

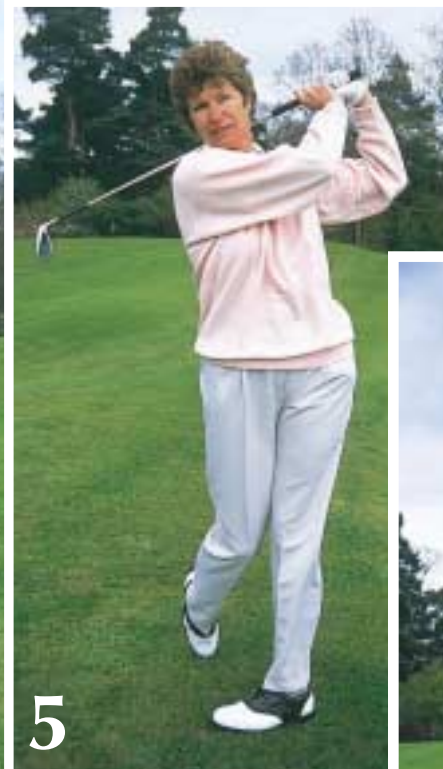
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**4**  
 From this side-on position, you can see how all of my weight has been transferred on to my left side. My shoulders are now pointing to the left of the target, which shows what a free movement I've made through the ball.



**5**  
 Two more points become obvious from this front-on angle. Firstly, my right knee is virtually in contact with my left knee. This is impossible if your right leg is still bearing any of your weight. Secondly, if I were wearing a belt, the buckle would now be pointing towards my target. This is another sign that I have completed a full follow-through.



**6**  
 An all too common mistake. This finish is the result of one of those popular misconceptions that can ruin your golf. How many times have you been told that your hands should finish in a high position? Much like trying to keep your head still, this is a myth. Apart from anything else, this sort of follow-through won't do your back any good. Nor will it help your golf.



## Walk on by



Here's an exercise to help you get the idea of moving your weight away from your right side during your downswing. Take a normal backswing. At the top of your swing, start moving your right foot across your left. Aim to finish, in balance, with all weight on your right foot and the club in the same position it normally would be, with your body facing the target.

## In conclusion:

Good basics and a fundamentally sound swing should lead to a good finish position. If yours doesn't match up to mine in the areas I have identified then you should be concentrating on what has gone wrong before rather than trying to manipulate your finish.